

# Supporting Your Team in their VEX Robotics Journey

## Parent/Guardian Bootcamp

This streamlined session gives parents/guardians a quick but impactful introduction to the VEX Robotics Competition and how they can best support their student throughout the season.

### 0:00–0:10 | Welcome & Why This Matters

- Brief welcome by coach or mentor
- Purpose: partnership, encouragement, and student-led success
- Brief [video/highlight](#) reel from a VEX event

### 0:10–0:20 | VEX Robotics 101

- Overview of the VEX Robotics Competition
  - Goals of the program
  - Competition structure: local, state, national, Worlds
- Explanation of a VEX match & season structure [Audience Info for VEX Robotics Competitions](#)
- Showcase the current season's game ([VEX IQ](#) or [V5RC](#) )



### 0:20–0:30 | Team Commitment & Season Expectations

- Weekly practice schedule
- Tournament day logistics (long days, travel, lunch planning)
- Team deadlines: notebooks, engineering work, coding
- Communication tools (email, Remind, GroupMe, etc.)

Use this section to go over any team-specific logistics, expectations, and communication tools your families should be aware of.

### 0:30–0:45 | How Parents Can Support

- Be a cheerleader, not a co-engineer: supporting without interfering or deciding
- Transport, snacks, pit support, travel planning
- [Volunteering](#): judging, scorekeeping, hospitality
- Fundraising and team spirit (shirts, banners, etc.)
- Additional resources:
  - [Important Behavior Guidelines for Adults](#)
  - [Your Kid Just Joined a Robotics Team. What Does That Mean?](#)
  - [How Can Parents Help?](#)

This is your chance to share any team-specific housekeeping info—think: practice/tournament etiquette, transportation plans, parent expectations, and fundraising information.

## 0:45–1:00 | Quick Guide to Tournament Day + Final Q&A

- Typical tournament schedule
- What students will be doing
- What parents can expect
- What NOT to do (e.g., coaching during matches, entering the pit)
- How judging, awards, and qualification work

Use the [Understanding Tournament Day](#) and [VEX Tournaments 101](#) articles as your guides when explaining what families can expect at a VEX Robotics event.